



## Analysis of degree of regional health considering disaster risks

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### Abstract

In Japan, a lot of natural disasters are expected to occur such as typhoon, heavy snowfall, flood, sediment disaster, earthquake, tsunami and volcanic eruption. Problems that Japan has includes the super aging society.

The aging of Japan progressed to the world at speed not to watch an example and invited super aging society in 2007. With it, people in need of long-term care increase. Such examples people with special needs to disaster suffered from by natural disaster occur frequently, and it is found by natural disaster that we find security, the relief of these people. At disaster, it is expected that people who are behind with evacuating increase. In considering the disaster prevention measures of our country, we cannot ignore distribution of people with special needs to disaster in the future. Research results on dealing with the elderly and people with disabilities as people with special needs to disaster has been done, but research results on dealing with diabetic patients, artificial dialysis patients, and psychiatric and neurological disease patients as people with special needs to disaster has not been done. No studies to understand the distribution of people with special needs to disaster using National Health Insurance database (KDB). In this study, using National Health Insurance database (KDB), we clarify distribution of the patient according to each disease and clarify distribution of people in need of long-term care. I grasp the place where the elderly and people in need of long-term care live in by these analyses and a kind suffering from of illness and consider it from the viewpoint of medical care to future disaster prevention measures.

In this study, we analyzed about people in need of long-term, patients requiring high medical costs, and artificial dialysis patients using the data of the National Health Insurance database (KDB). By using National Health Insurance database (KDB), we visualized addresses of people in need of long-term level three or more care, diabetic patients, psychiatric and neurological disease patients, and artificial dialysis patients in Nanto City on GIS. Furthermore, by using the J-SHIS Map, we visualized the distribution of seismic intensity (JMA-scale), which is 2% in 50 years exceedance probability in Nanto City on GIS. Instrumental seismic intensity, which is 2% in 50 years exceedance probability in Nanto City are distributed from seismic intensity upper 5 to seismic intensity 7 (JMA-scale), seismic intensity is greater in the north of Nanto City. Although there is little place of seismic intensity 7 (JMA-scale) in Nanto City, most of people with special needs to disaster are living in places where seismic intensity upper 6 (JMA-scale). It was found that the proportion of those who are living in close from the main medical institutions in people with special needs to disaster is high. It is important to clarify for each residence shelters for each residence because major medical institutions are built close together in Nanto City.

*Keywords: National Health Insurance database (KDB), super aging society, disaster prevention measures, medical care, senior citizen*

## 1. Introduction

In Japan, a lot of natural disasters are expected to occur such as typhoon, heavy snowfall, flood, sediment disaster, earthquake, tsunami and volcanic eruption. People with special needs to disaster refer to the people in need of assistance in evacuation in disaster. For example, the elderly, people with disabilities, victims, infants, stranded commuters, travelers, artificial dialysis patients, diabetic, patients suffering, psychiatric and neurological disease patients, and people in need of long-term are people with special needs to disaster. Diabetics are people with special needs to disaster because diabetic may lead to metabolic disorders in the event of disaster even if their conditions are stable in peacetime.

In this study, we analyzed about people in need of long-term, patients requiring high medical costs, and artificial dialysis patients using the data of the National Health Insurance database (KDB).

We analyzed data of the National Health Insurance database (KDB) of Nanto City. Nanto City is located in the southwestern part of Toyama Prefecture. The area of Nanto City is 668.64 square kilometers. The population of Nanto City is 53582 people (2015 of March 31). In age three segment population of Nanto City, young population (0-14 years old) and the working-age population (15-64 years) has reduced, and the elderly population (over 65 years) has increased. Nanto City has aging populations. In November 2004, four towns and four villages merged into Nanto City.

Figure 1 shows Toyama Prefecture and each cities.

Figure 2 shows previous four towns and previous four villages in Nanto City.



Fig. 1 – Toyama pref. and each cities

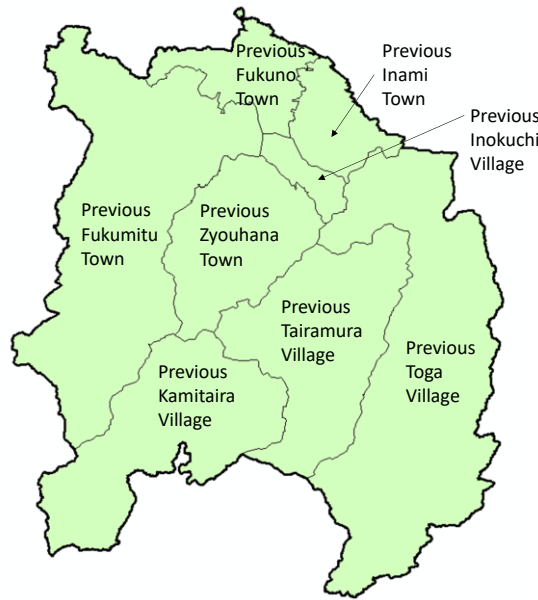


Fig. 2 – Previous four towns and previous four villages in Nanto City

## 2. Overview of National Health Insurance Database (KDB)

Previously data preparation for grasping the current area situations and health problems were often done by hand work, and it was inefficient. It was difficult to sufficiently understand the current area situations and health problems because the data was huge. It is possible to do a lot of work automatically, it is possible to implement a more efficient and effective health service with National Health Insurance database (KDB) system. By using this system, people can share not only information but also recognized health problems in the region. As a result of using National Health Insurance database (KDB), a lot of health problems can be examined. Figure 3 shows example of the data of National Health Insurance database (KDB). KDB has gender, age, date of birth, address, expenses, main disease name and so on.

| 被保険者氏名(カナ) |    | 画面個別項目1        |    | 画面個別項目2  |           | 画面個別項目3 |     | 画面個別項目4 |       | 画面個別項目5     |       | 画面個別項目6 |      | 画面個別項目7 |                     |       |       |       |       |       |      |       |
|------------|----|----------------|----|----------|-----------|---------|-----|---------|-------|-------------|-------|---------|------|---------|---------------------|-------|-------|-------|-------|-------|------|-------|
|            |    | 費用額:300,000円以上 |    | 主病名:     |           |         |     |         |       |             |       |         |      |         |                     |       |       |       |       |       |      |       |
| 性別         | 年齢 | 生年月日(生年月日)     | 住所 | 入院外来     | 費用種       | 高血圧症    | 糖尿病 | 脂質異常症   | 高尿酸血症 | 虚血性心臓病(再)ハイ | 大動脈硬化 | 脳血管疾患   | 動脈硬化 | 閉塞性     | 主病名                 | 2番目に高 | 3番目に高 | 4番目に高 | 5番目に高 | 6番目に高 | 個人番号 |       |
| 男          | 68 | S21            | 10 | 富山県南砺市入院 | 8,667,770 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の虚血性心臓病          | ●     | ●     | ●     | ●     | ●     | ●    | 11014 |
| 男          | 71 | S18            | 9  | 富山県南砺市入院 | 2,684,590 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 虚血性心臓病              | ●     | ●     | ●     | ●     | ●     | ●    | 10393 |
| 女          | 62 | S27            | 10 | 富山県南砺市入院 | 2,201,130 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 骨折                  | ●     | ●     | ●     | ●     | ●     | ●    | 3767  |
| 男          | 61 | S28            | 6  | 富山県南砺市入院 | 2,143,610 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の心臓病             | ●     | ●     | ●     | ●     | ●     | ●    | 2403  |
| 男          | 68 | S21            | 10 | 富山県南砺市入院 | 1,938,160 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 虚血性心臓病              | ●     | ●     | ●     | ●     | ●     | ●    | 15224 |
| 女          | 73 | S16            | 1  | 富山県南砺市入院 | 1,877,340 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 関節症                 | ●     | ●     | ●     | ●     | ●     | ●    | 2469  |
| 女          | 73 | S16            | 8  | 富山県南砺市入院 | 1,818,170 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 関節症                 | ●     | ●     | ●     | ●     | ●     | ●    | 14717 |
| 女          | 72 | S17            | 8  | 富山県南砺市入院 | 1,743,620 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 関節症                 | ●     | ●     | ●     | ●     | ●     | ●    | 5372  |
| 女          | 74 | S15            | 3  | 富山県南砺市入院 | 1,667,680 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 骨折                  | ●     | ●     | ●     | ●     | ●     | ●    | 16980 |
| 男          | 66 | S23            | 2  | 富山県南砺市入院 | 1,515,040 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 直腸S状結腸その他の消化器の悪性新生物 | ●     | ●     | ●     | ●     | ●     | ●    | 16770 |
| 男          | 64 | S25            | 8  | 富山県南砺市入院 | 1,480,790 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 乳房の悪性腫瘍             | ●     | ●     | ●     | ●     | ●     | ●    | 1334  |
| 女          | 74 | S15            | 5  | 富山県南砺市入院 | 1,378,480 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 乳房の悪性腫瘍             | ●     | ●     | ●     | ●     | ●     | ●    | 12764 |
| 女          | 73 | S16            | 7  | 富山県南砺市入院 | 1,350,590 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の腎臓病             | ●     | ●     | ●     | ●     | ●     | ●    | 9083  |
| 男          | 74 | S15            | 8  | 富山県南砺市入院 | 1,296,020 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の高血圧性疾患          | ●     | ●     | ●     | ●     | ●     | ●    | 12636 |
| 男          | 69 | S20            | 12 | 富山県南砺市入院 | 1,264,440 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の悪性新生物           | ●     | ●     | ●     | ●     | ●     | ●    | 3356  |
| 男          | 68 | S21            | 9  | 富山県南砺市入院 | 1,263,900 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の悪性腫瘍            | ●     | ●     | ●     | ●     | ●     | ●    | 16235 |
| 男          | 73 | S16            | 8  | 富山県南砺市入院 | 1,183,030 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 腎臓の悪性腫瘍             | ●     | ●     | ●     | ●     | ●     | ●    | 5457  |
| 男          | 69 | S20            | 1  | 富山県南砺市入院 | 1,170,460 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 悪性リンパ腫              | ●     | ●     | ●     | ●     | ●     | ●    | 9960  |
| 男          | 63 | S25            | 12 | 富山県南砺市入院 | 1,145,360 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 直腸S状結腸              | ●     | ●     | ●     | ●     | ●     | ●    | 7017  |
| 女          | 71 | S18            | 9  | 富山県南砺市入院 | 1,122,080 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 椎間板障害               | ●     | ●     | ●     | ●     | ●     | ●    | 13517 |
| 男          | 63 | S26            | 6  | 富山県南砺市入院 | 1,111,120 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の心臓病             | ●     | ●     | ●     | ●     | ●     | ●    | 4752  |
| 女          | 40 | S49            | 6  | 富山県南砺市入院 | 1,058,620 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の呼吸器疾患           | ●     | ●     | ●     | ●     | ●     | ●    | 8503  |
| 男          | 72 | S17            | 1  | 富山県南砺市入院 | 1,054,240 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の消化器疾患           | ●     | ●     | ●     | ●     | ●     | ●    | 3225  |
| 女          | 69 | S20            | 2  | 富山県南砺市入院 | 1,034,850 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 気管、気管支              | ●     | ●     | ●     | ●     | ●     | ●    | 7609  |
| 男          | 69 | S20            | 1  | 富山県南砺市入院 | 1,020,740 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 脳内出血                | ●     | ●     | ●     | ●     | ●     | ●    | 14798 |
| 男          | 67 | S21            | 12 | 富山県南砺市入院 | 1,003,400 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の腎臓病             | ●     | ●     | ●     | ●     | ●     | ●    | 5876  |
| 男          | 62 | S27            | 2  | 富山県南砺市入院 | 1,001,180 | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 腎臓病                 | ●     | ●     | ●     | ●     | ●     | ●    | 16069 |
| 男          | 73 | S16            | 2  | 富山県南砺市入院 | 999,320   | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 良性的新生物              | ●     | ●     | ●     | ●     | ●     | ●    | 12066 |
| 女          | 20 | H06            | 7  | 富山県南砺市入院 | 973,130   | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の呼吸器疾患           | ●     | ●     | ●     | ●     | ●     | ●    | 17133 |
| 女          | 56 | S32            | 12 | 富山県南砺市外来 | 950,450   | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の消化器疾患           | ●     | ●     | ●     | ●     | ●     | ●    | 6572  |
| 女          | 74 | S15            | 10 | 富山県南砺市入院 | 932,730   | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 骨折                  | ●     | ●     | ●     | ●     | ●     | ●    | 10994 |
| 男          | 68 | S21            | 10 | 富山県南砺市入院 | 931,020   | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 脳梗塞                 | ●     | ●     | ●     | ●     | ●     | ●    | 1746  |
| 男          | 73 | S16            | 3  | 富山県南砺市入院 | 929,850   | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の腎臓病             | ●     | ●     | ●     | ●     | ●     | ●    | 11966 |
| 男          | 69 | S20            | 1  | 富山県南砺市入院 | 920,330   | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の呼吸器疾患           | ●     | ●     | ●     | ●     | ●     | ●    | 14664 |
| 男          | 70 | S19            | 10 | 富山県南砺市入院 | 878,120   | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | その他の呼吸器疾患           | ●     | ●     | ●     | ●     | ●     | ●    | 13926 |
| 男          | 66 | S23            | 7  | 富山県南砺市入院 | 872,440   | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 脳内出血                | ●     | ●     | ●     | ●     | ●     | ●    | 3476  |
| 男          | 79 | S16            | 11 | 富山県南砺市入院 | 856,990   | ●       | ●   | ●       | ●     | ●           | ●     | ●       | ●    | ●       | 脳梗塞                 | ●     | ●     | ●     | ●     | ●     | ●    | 1432  |

Fig. 3 – Example of the data of National Health Insurance database (KDB)

### 3. Previous Researches

A research result on disaster contingency planning dealing with the elderly as people with special needs to disaster has been presented by Mr. Namba et al. A research result on evacuation dealing with the elderly and people with disabilities as people with special needs to disaster by Ms. Ariga.

Research results on dealing with the elderly and people with disabilities as people with special needs to disaster has been done, but research results on dealing with diabetic patients, artificial dialysis patients, and psychiatric and neurological disease patients as people with special needs to disaster has not been done.

No studies to understand the distribution of people with special needs to disaster using National Health Insurance database (KDB).

### 4. Earthquake Risk of People with Special Needs to Disaster in Nanto City

#### 4.1 Earthquake risk of people in need of long-term

Certification of Needed Long-Term Care is intended to determine the necessary level of care service. Therefore, there is a case in which seriousness of the disease and the level of the care do not always coincide. Certification of Needed Long-Term Care is divided into seven levels of support required 1-2 and care levels 1-5.

We analyzed people in need of long-term level three or more care as people with special needs to disaster because people in need of long-term level three or more care cannot do by themselves. This study was targeted for people in need of long-term level three or more care from June 2012 to February 2015.

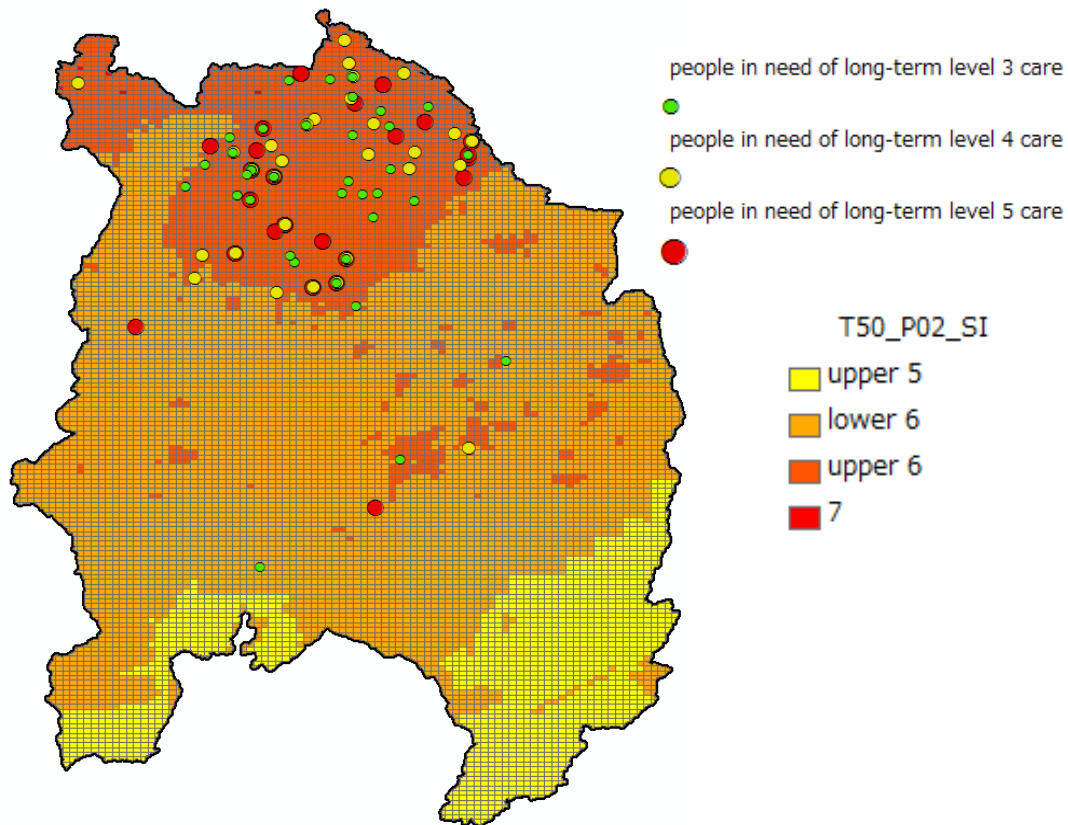


Fig. 4 – Distribution of need of long-term level 3-5

Figure 4 shows that people in need of long-term level three or more care and of measuring seismic intensity (JMA-scale) which is a 2% under 50-year exceedance probability distribution. Figure 5 shows that relationship between need of long term and seismic intensity (JMA-scale). From figure 4 and 5, it can be seen that most living in places where seismic intensity of upper 6 (JMA-scale) and at any care level despite residence of people in need of long-term level 3-5 care is different.

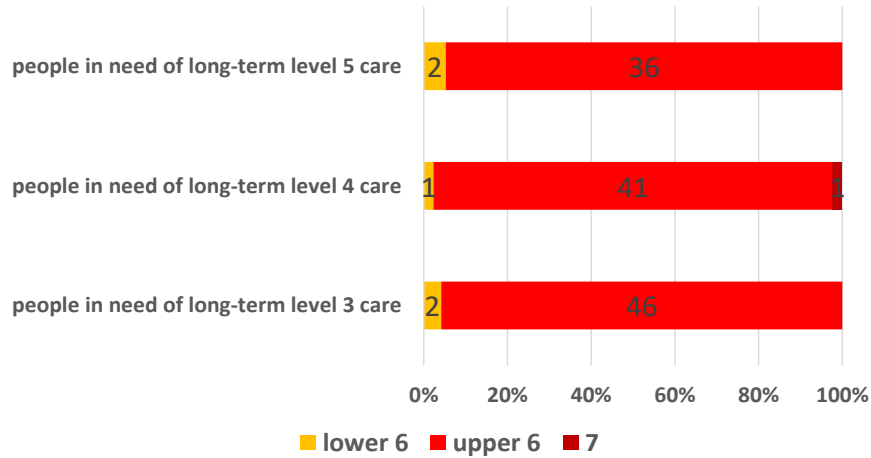


Fig. 5 – Share of need of long-term level under seismic intensity

Figure 6 shows that the distribution of people in need of long-term level three or more care and the distance (km) from major medical institutions of Nanto City. Figure 7 shows that the distance from major medical institutions of people in need of long-term level three or more care.

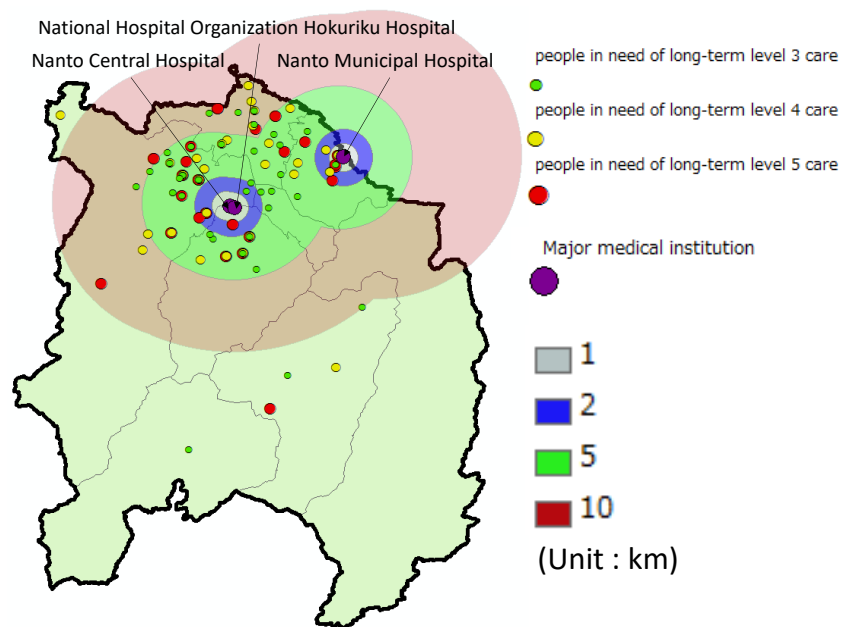


Fig. 6 – The distribution of people in need of long-term level 3-5 care and the distance (km) from major medical institutions of Nanto City

From figure 6 and 7, the proportion of people in need of long-term level three or more care living in 5km distance from major medical institutions is high. Therefore, there is concern that the evacuation due to traffic congestion is delayed during the disaster.

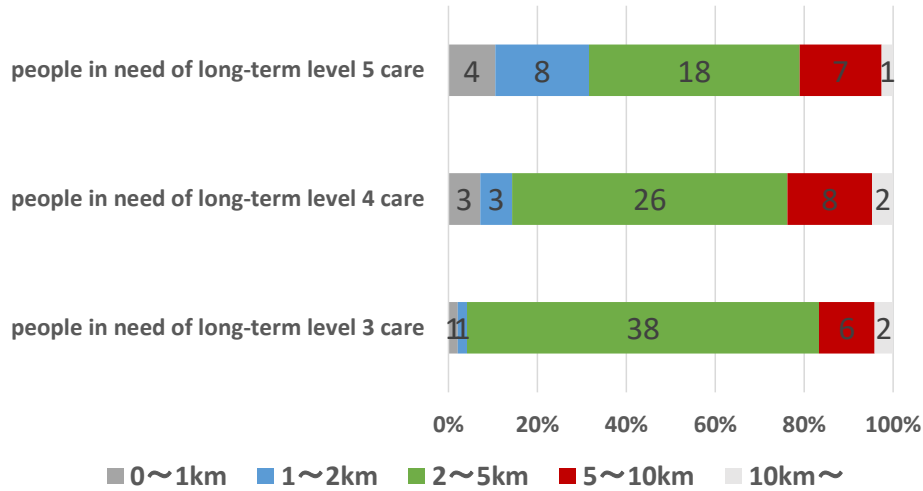


Fig. 7 – The distance from major medical institutions of people in need of long-term level 3-5 care

#### 4.2 Earthquake risk of patients to be determined as people with special needs to disaster

This study was intended for diabetic patients, psychiatric and neurological disease patients, and artificial dialysis patients from June 2012 to February 2015. It is only a patient in need of medical expenses of more than ¥ 300,000 in one month for diabetic patients and psychiatric and neurological disease patients.

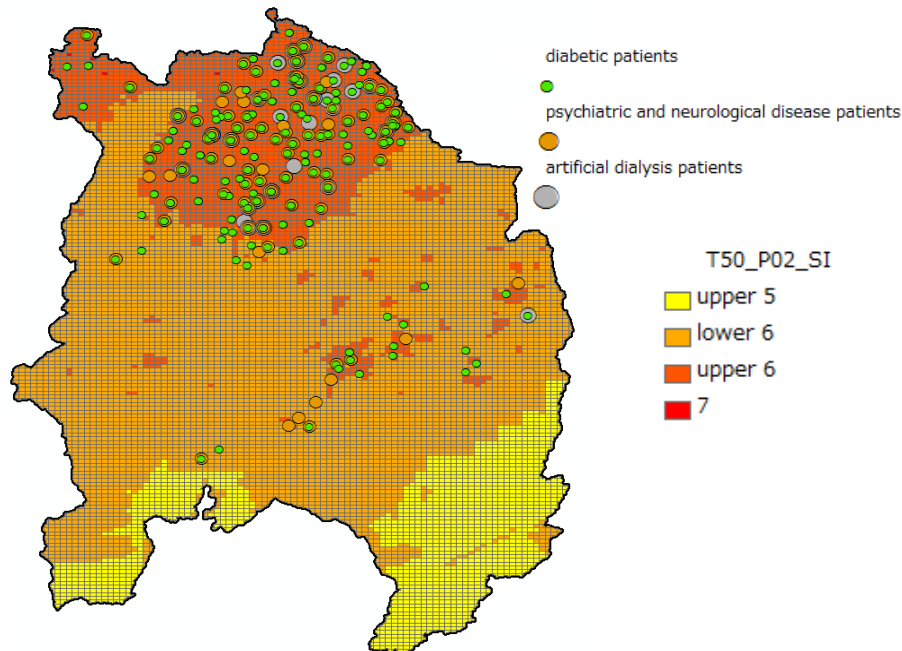


Fig. 8 – Distributions of patients and distributions under seismic intensity

Figure 8 shows that distributions of these patients and distributions of the seismic intensity (JMA-scale) of a 2% under 50-year exceedance probability. Figure 9 shows that the measurement seismic intensity (JMA-scale) distribution state to be 2% under 50-year exceedance probability of each disease. As a result of figure 8 and 9, more than 90% of these patients are living in places where seismic intensity of upper 6 (JMA-scale).

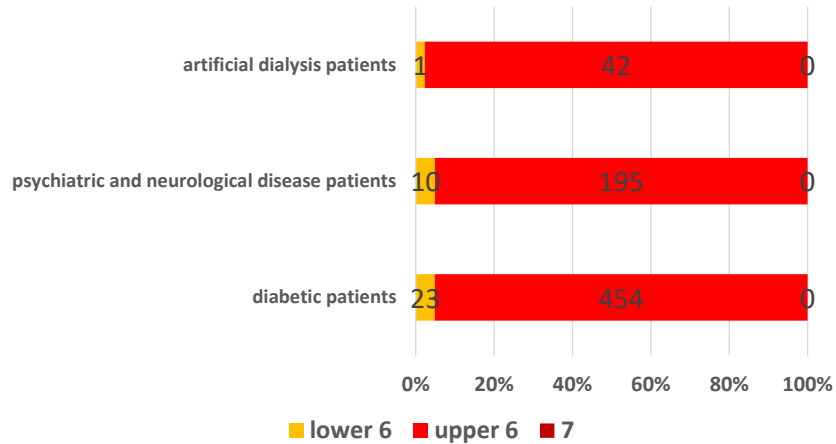


Fig. 9 – Share of major patients under seismic intensity

Figure 10 shows the distribution of major patients and the distance (km) from major medical institutions of Nanto City. Figure 10 shows the distance from major medical institutions of major patients. As a result of 10 and 11, the proportion of these patients living in 5km distance from major medical institutions is high as in the case of people in need of long-term level three or more care. It is important to determine shelters of people with special needs to disaster for each residence in order to avoid traffic congestion during the disaster.

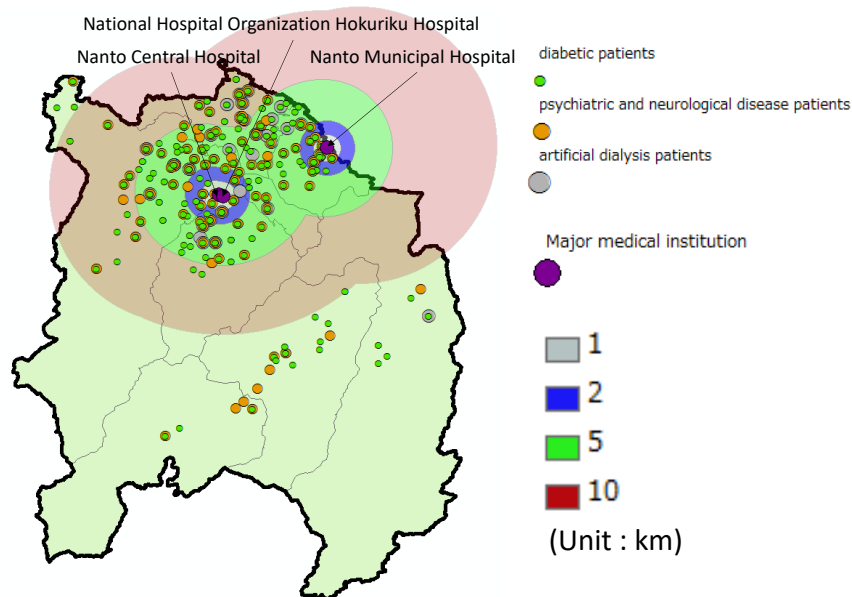


Fig. 10 – The distribution of these patients and the distance (km) from major medical institutions of Nanto City



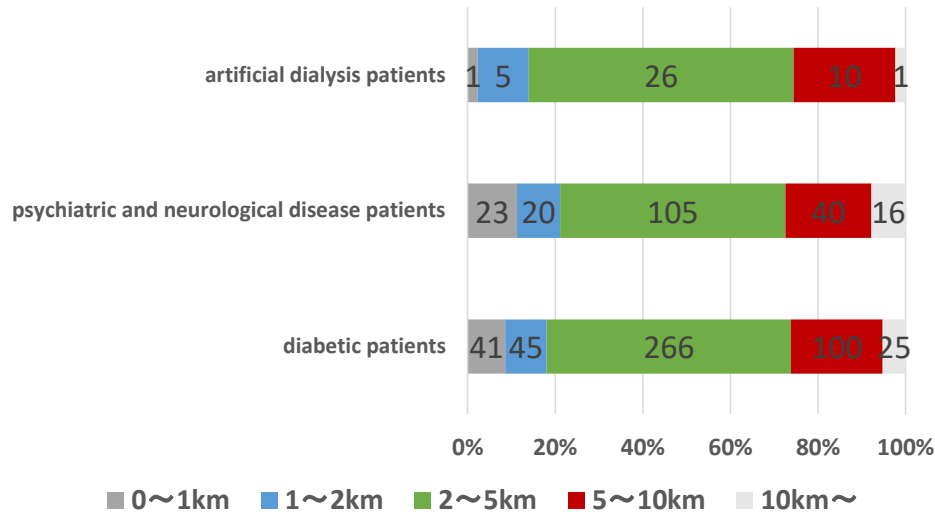


Fig. 11 – The distance from major medical institutions of major patients

## 5. Conclusion

By using National Health Insurance database (KDB), we visualized addresses of people in need of long-term level three or more care, diabetic patients, psychiatric and neurological disease patients, and artificial dialysis patients in Nanto City on GIS. Furthermore, by using the J-SHIS Map, we visualized the distribution of seismic intensity (JMA-scale), which is 2% in 50 years exceedance probability in Nanto City on GIS. Instrumental seismic intensity, which is 2% in 50 years exceedance probability in Nanto City are distributed from seismic intensity upper 5 to seismic intensity 7 (JMA-scale), seismic intensity is greater in the north of Nanto City. Although there is little place of seismic intensity 7 (JMA-scale) in Nanto City, most of people with special needs to disaster are living in places where seismic intensity upper 6 (JMA-scale). It was found that the proportion of those who are living in close from the main medical institutions in people with special needs to disaster is high. It is important to clarify for each residence shelters for each residence because major medical institutions are built close together in Nanto City. As future problems, we will analyse the data about other cities. Also, we will do evacuation simulation.

## 5. References

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